

Vaganova Syllabus

Years One to Three

*An excellent opportunity for serious teachers
to learn about the method that trains so
many professional dancers.*

Massachusetts Academy of Ballet Educational Training
Association: MABETA
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Holyoke MA 01040
413-536-6200

Register at
www.massacademyofballet.com



Teachers Seminar
June 24 to 29, 2019
at
Mount Holyoke College
Kendall Hall
50 College Street
South Hadley MA 01075

This seminar is taught by Professor Rose Marie Flachs after her years of study with master teachers John White and Margarita DeSaá of the Pennsylvania Academy of Ballet and the National Ballet of Cuba.

Biography

Rose Marie Flachs, is a professor of dance at Mount Holyoke College and the co-owner and director of the Massachusetts Academy of Ballet. She danced professionally with the Nashville Ballet, Ballet West, Louisville Ballet, and the Cincinnati Ballet, performing principal roles in Giselle, Swan Lake, Sleeping Beauty, Cinderella, and the Nutcracker among others. She has performed in works by George Balanchine, Choo San Goh, Victoria Simon, Joe Duell, Lester Horton, Peter Anastos, Paul Taylor, Jose Limón, John Butler, Michael Smuin, and Val Caniparoli. She trained extensively with Barbara Fallis and Richard Thomas at the New York School of Ballet and with Margarita DeSaá and John White at the Pennsylvania Academy of Ballet. She has choreographed and staged over twenty ballets and teaches an annual seminar on the principles of the Vaganova method of teaching ballet.

Her students have won medals and scholarships at the Youth American Grand Prix and the Connecticut Classic Ballet Competitions and have danced with the Royal Winnipeg Ballet, Louisville Ballet, Grand Rapids, and Festival Ballet, among others. She is a guest teacher for the Pennsylvania Academy of Ballet, the Connecticut Concert Ballet, and has taught master classes at the University of Georgia, and the University of Wisconsin, Madison as well as the American College Dance Conference.

Rose is a founding member of the Council of Organized Researchers of Pedagogical Studies (CORPS) de Ballet International Inc. and is the recipient of three CORPS Outstanding Service Awards, funding for special projects from the Massachusetts Cultural Council, and a Tennessee Individual Artist Fellowship.

Description:

The seminar includes the study of the first three years that comprise the elementary work of the Vaganova syllabus. Study materials are furnished and ample time is allotted for questions and discussion. Attendees will also observe videos that demonstrate the serious professionalism of Russian ballet training. Participants are not expected to dance.

Attendees will have the opportunity to take or observe open classes at the Massachusetts Academy of Ballet included in the tuition fee.

Curriculum:

The material covered is comprised of the fundamentals of pedagogy for teaching classical dance which stress a detailed analysis of the following:

- The basic stance and correct placement
- Turnout
- Aplomb (vertical alignment and stability)
- Epaulément and port de bras
- Organization of barre, center and allegro exercises
- Pointe • Simple batterie
- Turns on two legs and on one leg
- Systematic progression from simple to complex
- Division of small and large poses
- Proper musical counts for each exercise

Finally, there will be an analysis of the underlying logic of the method and why it continues to produce so many outstanding dancers.

Goals:

The course is designed to help established teachers and aspiring novices apply sound methodology to their individual teaching situations. Experienced teachers will gain greater insights into teaching methodology and theory, while novices will learn the importance of a systematic approach to teaching. The knowledge gained will enable all participants to work with their students with greater awareness and confidence.

Tuition:

Cost: \$550

Participants may make tuition payments at any time. Final tuition payment, minus the registration deposit of \$50, must be paid on or before registration on the first day of the seminar. Make out all deposit and tuition payment checks to: MABETA or pay online at:

Housing: Willits Hollowell Center on the Campus of Mount Holyoke College. Call 413-538-2217 and say "reserving room for the Vaganova Teachers Seminar." Special rate of \$90.00 per night. Reserve by May 1' 2019.

Meals: Meals are not provided. Restaurants are close by at the Town Commons across the street from the College.

For more information send an email to Rose Flachs rflachs@massacademyofballet.com